

## NTRA SRA DEL RECUERDO

usuario: recuerdo  
contraseña: 393\_reuerdo

Diciembre - 2023 RECUERDO, MENU MENSUAL

## FRUTAS DE TEMPORADA:

pera, manzana  
banana, persimon  
mandarina

DESCARGA NUESTRA APP



TU CÓDIGO DE CENTRO ES: 1408

## VALOR DIFERENCIADOR



## ALERGENOS



<table border="1"> <tr><td>E</td><td>KCAL</td></tr> <tr><td>PROT</td><td></td></tr> <tr><td>CA</td><td></td></tr> <tr><td>FE</td><td></td></tr> <tr><td>HDC</td><td></td></tr> <tr><td>LIP</td><td></td></tr> <tr><td>S</td><td></td></tr> </table>	E	KCAL	PROT		CA		FE		HDC		LIP		S		<table border="1"> <tr><td>E</td><td>KCAL</td></tr> <tr><td>PROT</td><td></td></tr> <tr><td>CA</td><td></td></tr> <tr><td>FE</td><td></td></tr> <tr><td>HDC</td><td></td></tr> <tr><td>LIP</td><td></td></tr> <tr><td>S</td><td></td></tr> </table>	E	KCAL	PROT		CA		FE		HDC		LIP		S		<table border="1"> <tr><td>E</td><td>KCAL</td></tr> <tr><td>PROT</td><td></td></tr> <tr><td>CA</td><td></td></tr> <tr><td>FE</td><td></td></tr> <tr><td>HDC</td><td></td></tr> <tr><td>LIP</td><td></td></tr> <tr><td>S</td><td></td></tr> </table>	E	KCAL	PROT		CA		FE		HDC		LIP		S		<table border="1"> <tr><td>E</td><td>KCAL</td></tr> <tr><td>PROT</td><td></td></tr> <tr><td>CA</td><td></td></tr> <tr><td>FE</td><td></td></tr> <tr><td>HDC</td><td></td></tr> <tr><td>LIP</td><td></td></tr> <tr><td>S</td><td></td></tr> </table>	E	KCAL	PROT		CA		FE		HDC		LIP		S		<table border="1"> <tr><td>1</td><td>KCAL</td></tr> <tr><td>E</td><td>827,07</td></tr> <tr><td>PROT</td><td></td></tr> <tr><td>CA</td><td>33,78g</td></tr> <tr><td>FE</td><td>340,73mg</td></tr> <tr><td>HDC</td><td>7,89mg</td></tr> <tr><td>LIP</td><td>116,83g</td></tr> <tr><td>P</td><td>24,96g</td></tr> <tr><td>S</td><td></td></tr> </table> <p>Ensalada fresca ecológica</p> <p>Potaje de garbanzos con calabaza P/ECO</p> <p>Pizza casera</p> <p>Fruta ECO</p> <p>Calabacín a la plancha Carne blanca /Fruta</p>	1	KCAL	E	827,07	PROT		CA	33,78g	FE	340,73mg	HDC	7,89mg	LIP	116,83g	P	24,96g	S																	
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Disponemos de menús adaptados a la edad de los niños, dietas, alergias, celiaca, etc. La evaluación nutricional se basa en el grupo de edad. Nuestros menús se preparan conforme a las directrices de la "Guía de menús de menajadors escolars" de la Generalitat Valenciana.

La información sobre los alérgenos está disponible en la cocina y en la dirección del centro. Se servirá pan integral un día a la semana.

